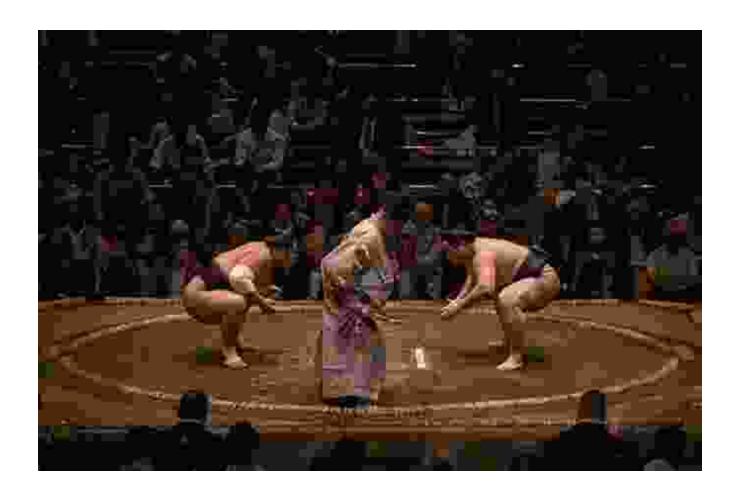
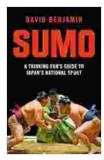
Discover the Fascinating World of Sumo with 'Thinking Fan Guide to Japan's National Sport' I Tuttle Classics

A Comprehensive Guide to the Ancient Japanese Tradition





Sumo: A Thinking Fan's Guide to Japan's National Sport (Tuttle Classics) by David Benjamin

★★★★ 4.2 out of 5

Language : English

File size : 3510 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 272 pages

Step into the vibrant world of sumo wrestling, Japan's captivating national sport, with 'Thinking Fan Guide to Japan's National Sport' from Tuttle Classics. This comprehensive guide takes you on an immersive journey, unraveling the rich history, vibrant rituals, and awe-inspiring techniques that make sumo a spectacle like no other.

Unveiling the History and Heritage of Sumo

Embark on a historical voyage through the annals of sumo, tracing its humble beginnings in ancient Japan to its present-day status as a revered cultural icon. Learn about the legendary rikishi (wrestlers) who have left an indelible mark on the sport, from the colossal Tamanoumi to the agile Akebono. Explore the evolution of sumo's rules and traditions, understanding the significance of rituals like the dohyo-iri (ring-entering ceremony) and the tachiai (initial charge).

Decoding Sumo's Techniques and Strategies

Delve into the technical mastery of sumo, where strength and agility collide. Discover the fundamental techniques employed by rikishi, from the powerful tsuppari (push-out) to the elusive yorikiri (force-out). Learn how rikishi train their massive bodies and develop the astonishing flexibility that allows them to execute gravity-defying throws. Understand the strategies and tactics that shape the dynamic exchanges within the ring, making each bout a high-stakes battle of wits and physical prowess.

Exploring the Colorful Characters of Sumo

Meet the larger-than-life characters that inhabit the sumo world. From the stoic yokozuna (grand champions) to the aspiring young wrestlers, each rikishi brings their unique personality and motivations to the dohyo. Discover their rigorous training routines and the challenges they face both inside and outside the ring. Get a glimpse into the lives of these elite athletes, understanding their motivations, rivalries, and the bonds that unite them as a community.

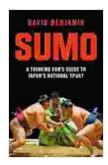
Experiencing Sumo Firsthand: A Practical Guide

Prepare yourself for an unforgettable sumo experience with our practical guide. Learn how to Free Download tickets, navigate the intricacies of sumo etiquette, and maximize your enjoyment at a live tournament. Discover the best seats for an immersive view, understand the scoring system, and appreciate the nuances of each bout. Whether you're a seasoned sumo enthusiast or a first-time spectator, this guide will enhance your experience, ensuring you fully grasp the spectacle and drama that unfold on the dohyo.

Free Download Your Copy Today and Unlock the Secrets of Sumo

Don't miss this opportunity to delve into the captivating world of sumo wrestling. Free Download your copy of 'Thinking Fan Guide to Japan's National Sport' today and embark on an enriching journey that will transform your next sumo experience. Tuttle Classics is your trusted source for books that illuminate the diverse cultures and traditions of Japan. Join us in exploring the fascinating world of sumo and unlocking its timeless appeal.

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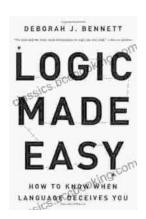


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