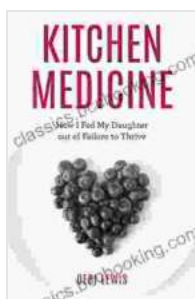


How I Fed My Daughter Out of Failure to Thrive: A Journey of Hope and Healing

As a new mother, I was filled with joy and anticipation. I couldn't wait to watch my baby grow and thrive. But when my daughter, Lily, was born six weeks premature, our dreams were shattered. Lily was diagnosed with failure to thrive, a condition in which an infant fails to gain weight or grow at a healthy rate.



Kitchen Medicine: How I Fed My Daughter out of Failure to Thrive by Debi Lewis

★★★★★ 5 out of 5

Language : English
File size : 510 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 185 pages
Screen Reader : Supported



The first few months of Lily's life were a blur of doctor's appointments, endless feedings, and sleepless nights. Lily struggled to latch on to the breast, and when she did, she would often vomit up the milk. We tried bottle-feeding, but that was just as unsuccessful. Lily was losing weight and her health was deteriorating.

I was desperate to help my daughter, but I didn't know what to do. I felt like I was failing as a mother. One day, I stumbled across a book called "Baby-

Led Weaning." I had never heard of this approach before, but it sounded promising. Baby-led weaning is a method of introducing solid foods to babies when they are developmentally ready, rather than spoon-feeding them purees.

I decided to give baby-led weaning a try. At first, Lily was hesitant to eat solids, but I was patient and persistent. Slowly but surely, she began to eat more and more. Within a few months, she was eating a variety of solid foods and gaining weight.

Lily's transformation was amazing. She went from being a frail and sickly baby to a healthy and thriving toddler. I was so grateful that I had found a way to help my daughter.

I wrote this book to share my story with other families facing similar challenges. I want to give them hope and healing. I want them to know that there is a way to help their children thrive.

Chapter 1: Failure to Thrive

In this chapter, I discuss the causes, symptoms, and diagnosis of failure to thrive. I also share my personal experience of having a child with failure to thrive.

Chapter 2: Baby-Led Weaning

In this chapter, I explain the principles of baby-led weaning and how it can help children with failure to thrive. I also provide step-by-step instructions on how to start baby-led weaning.

Chapter 3: Sensory Processing DisFree Download

In this chapter, I discuss the role that sensory processing disFree Download can play in failure to thrive. I explain the symptoms of sensory processing disFree Download and how it can affect feeding. I also provide tips for helping children with sensory processing disFree Download.

Chapter 4: Feeding Therapy

In this chapter, I discuss the role that feeding therapy can play in helping children with failure to thrive. I explain the different types of feeding therapy and how they can benefit children. I also provide tips for finding a qualified feeding therapist.

Chapter 5: Nutritional Rehabilitation

In this chapter, I discuss the importance of nutritional rehabilitation for children with failure to thrive. I explain the different types of nutritional rehabilitation and how they can help children regain their health. I also provide tips for ensuring that your child is getting the nutrients they need.

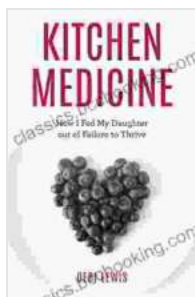
Chapter 6: Hope and Healing

In this chapter, I share stories of hope and healing from families who have faced similar challenges. I want to give readers the hope that they need to keep fighting for their children.

I believe that every child has the potential to thrive. With the right care and support, children with failure to thrive can overcome their challenges and live healthy, happy lives.

I wrote this book to provide families with the hope and healing they need. I want to empower parents to advocate for their children and to help them reach their full potential.

If you are facing challenges feeding your child, please know that you are not alone. There is hope. There is healing. And there is help.



Kitchen Medicine: How I Fed My Daughter out of Failure to Thrive

by Debi Lewis

★★★★★ 5 out of 5

Language : English
File size : 510 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 185 pages
Screen Reader : Supported



How to Know When Language Deceives You

Unmasking the Power of Persuasion in Everyday Life In the realm of human communication, language holds immense power to shape our thoughts, sway our...



50 Things To Know About Planning Home Schooling Excursions

: The Power of Hands-On Learning Embarking on home schooling excursions can be an incredibly rewarding experience for both children and parents. These excursions offer a rich...