

The Complete Guide to Survival Food Gardening in the Sunshine State



Florida Survival Gardening: The Complete Guide to Survival Food Gardening in the Sunshine State

by David The Good

★★★★☆ 4.4 out of 5

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Florida is a great state for gardening. The warm climate and long growing season make it possible to grow a wide variety of fruits, vegetables, and herbs. However, the state is also prone to hurricanes, floods, and other natural disasters. This can make it difficult to keep a garden going in the event of a disaster.

The Complete Guide to Survival Food Gardening in the Sunshine State is a comprehensive guide to creating a successful survival food garden in Florida. This guide will teach you everything you need to know about planning, planting, and maintaining a garden that will provide you with food in the event of a disaster.

Planning Your Garden

The first step in creating a survival food garden is to plan your garden. This includes choosing a location, deciding what to grow, and determining how much space you need.

Choosing a Location

The best location for a survival food garden is one that is protected from the elements. This means choosing a spot that is not in a low-lying area or near a body of water. The garden should also be close to your home so that you can easily access it in the event of a disaster.

Deciding What to Grow

When choosing what to grow in your survival food garden, it is important to select plants that are easy to grow and that will provide you with a variety of

nutrients. Some good choices for survival food gardens include:

- Vegetables: Tomatoes, peppers, cucumbers, beans, peas, corn, squash, zucchini
- Fruits: Citrus trees, avocados, bananas, mangoes, papayas
- Herbs: Basil, oregano, thyme, rosemary, mint

Determining How Much Space You Need

The amount of space you need for your survival food garden will depend on the number of people you are feeding and the types of plants you are growing. A good rule of thumb is to allow 100 square feet per person.

Planting Your Garden

Once you have planned your garden, it is time to start planting. The best time to plant a survival food garden in Florida is in the spring or fall. This will give your plants time to establish themselves before the hot summer months or the cold winter months.

When planting your garden, be sure to space your plants according to the instructions on the seed packet. You should also water your plants deeply after planting.

Maintaining Your Garden

Once your garden is planted, it is important to maintain it regularly. This includes watering, fertilizing, and weeding your plants.

Watering

Water is essential for plant growth. You should water your plants deeply once a week, or more often if the weather is hot and dry.

Fertilizing

Fertilizing your plants will help them to grow healthy and strong. You can use a balanced fertilizer, such as a 10-10-10 fertilizer, to fertilize your plants.

Weeding

Weeds can compete with your plants for water and nutrients. It is important to weed your garden regularly to keep the weeds under control.

Harvesting Your Garden

When your plants are mature, it is time to harvest them. You can harvest your plants by hand or with a knife. Be sure to harvest your plants at the right time to ensure that they are at their peak flavor.

Once you have harvested your plants, you can store them in a cool, dark place. You can also can or freeze your plants to preserve them for later.

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By following the tips in this guide, you can create a survival food garden that will help you to be prepared for anything.



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