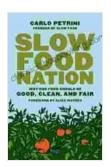
Why Our Food Should Be Good, Clean, and Fair

A Review

In her book, *Why Our Food Should Be Good, Clean, and Fair*, Carlo Petrini argues that the way we produce and consume food has a profound impact on our health, the environment, and social justice. She calls for a food system that is based on the principles of good, clean, and fair.

Good food is food that is nutritious and safe to eat. It is produced without the use of harmful chemicals or pesticides, and it is respectful of the environment. Clean food is food that is free from contamination. It is produced in a way that protects the environment and the health of workers. Fair food is food that is produced in a way that is just and equitable. It respects the rights of workers and farmers, and it ensures that everyone has access to affordable, nutritious food.



Slow Food Nation: Why Our Food Should Be Good,

Clean, and Fair by David Berlinski

Language : English
File size : 3135 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 274 pages
X-Ray for textbooks : Enabled



Petrini argues that the current food system is not good, clean, or fair. It is based on the principles of industrial agriculture, which prioritizes profit over people and the planet. Industrial agriculture has led to a number of problems, including:

- The overuse of antibiotics in livestock, which has led to the rise of antibiotic-resistant bacteria
- The use of harmful chemicals and pesticides, which have polluted our environment and harmed our health
- The concentration of power in the hands of a few large corporations,
 which has led to unfair prices and a lack of choice for consumers
- The exploitation of workers, who are often paid poverty wages and work in dangerous conditions
- The displacement of small farmers, who are unable to compete with the large agricultural corporations

Petrini believes that we need to create a new food system that is based on the principles of good, clean, and fair. She calls for a food system that is:

- Sustainable: A sustainable food system is one that can be maintained over the long term without damaging the environment or depleting natural resources.
- Just: A just food system is one that ensures that everyone has access to affordable, nutritious food, and that the rights of workers and farmers are respected.
- Democratic: A democratic food system is one that is controlled by the people, not by corporations or governments.

Petrini argues that we can create a good, clean, and fair food system by supporting sustainable agriculture, eating local food, and reducing our consumption of meat. She also calls for us to support organizations that are working to create a more sustainable and just food system.

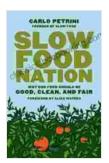
Why Our Food Should Be Good, Clean, and Fair is a passionate and persuasive call for a new food system. Petrini's book is a must-read for anyone who is concerned about the future of our food and our planet.

About the Author

Carlo Petrini is an Italian food writer, activist, and the founder of the Slow Food movement. He has written extensively about food and agriculture, and he is a leading advocate for a sustainable and just food system.

Additional Resources

- Slow Food International
- Food & Water Watch
- Sierra Club

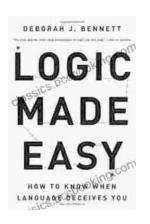


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